

Groups for people with Acquired Brain Injury

**Focusing on communication, cognition, confidence
and connectedness in real life situations**

**Suitable for teens and adults experiencing
communication challenges***

Facilitated by Speech and Language Therapists

Online or in person

*resulting from cognitive-communication disorder, aphasia and/or
dysarthria

What to expect

12 group sessions & 3 1:1 sessions

Working on what's important to you

Exploration of challenges and strategies

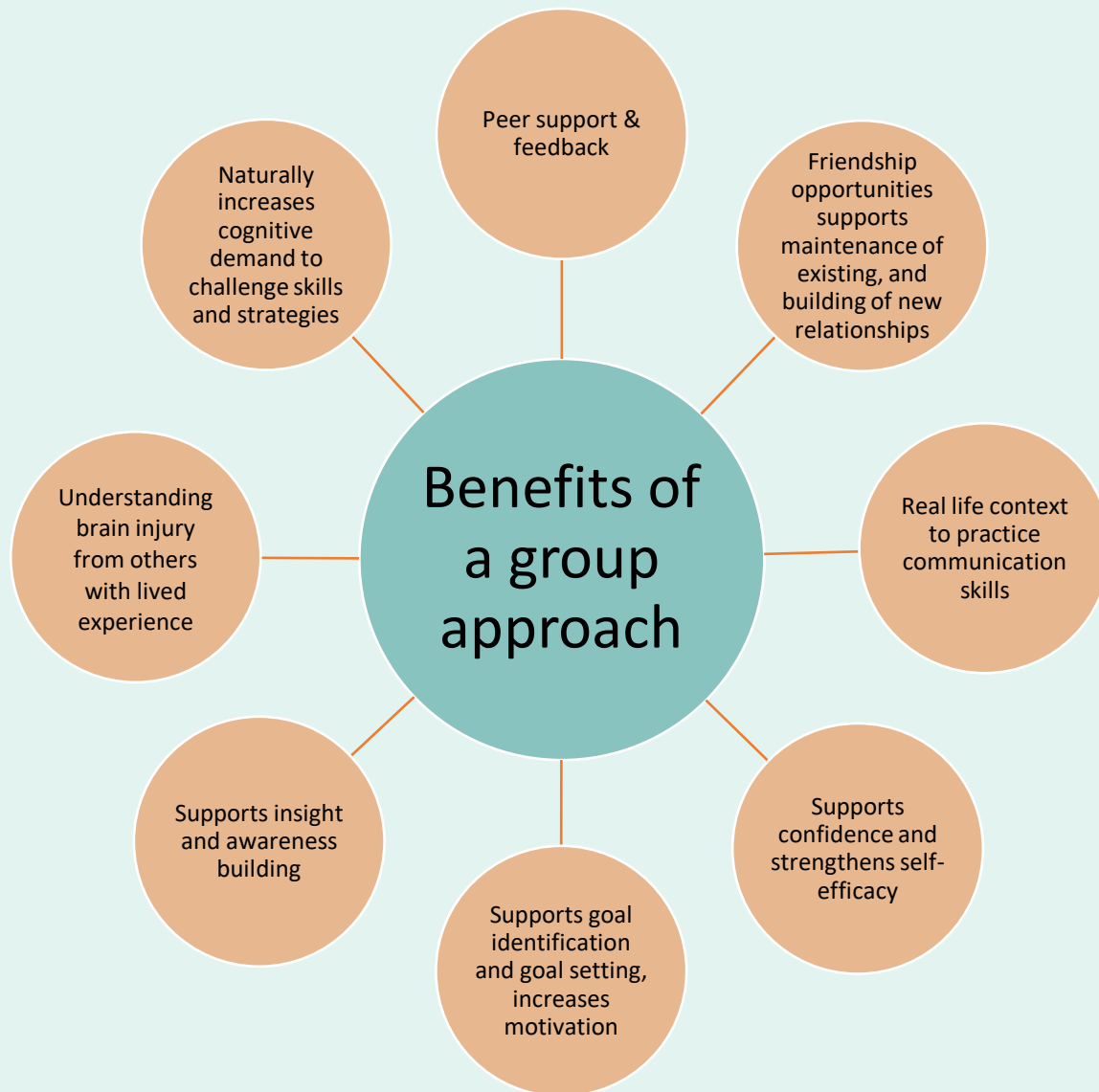
**Opportunity to socialise and practise
communication skills**

Peer support & sharing of experiences

Contact us for more information:

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Evidence Base

Clinicians should consider group therapy as an appropriate means of remediation of cognitive-communication training when social communication impairments exist post-TBI.

Where aligned with their communication goals, clinicians should consider group therapy

A cognitive-communication rehabilitation program should provide the opportunity for using communication skills in situations appropriate to the context in which the person will live, work, study, and socialise

Focus on confidence, self-esteem, and identity formation

INCOG 2.0 guidelines

INCOG 2.0 Guidelines for Cognitive Rehabilitation Following Traumatic Brain Injury, Part IV: Cognitive-Communication and Social Cognition Disorders (Togher et al, 2023)
Setting and achieving individualised social communication goals for people with ABI within a group treatment (Behn et al, 2019)
Improving social interaction: Group rehabilitation after traumatic brain injury (Keegan et al, 2020)
Technology and it's role in rehabilitation for people with CCD following a TBI (Brunner et al, 2017)